

# REKORDY LEKKOATLETYCZNE 45-LECIA 1975-2020

## SZKOŁA PODSTAWOWA NR 2 DZIEWCZĘTA 13-15 LAT

### 60 M

|    |                      |      |      |
|----|----------------------|------|------|
| 1  | DOROTA BRZOZOWSKA    | 8.07 | 1986 |
| 2  | SYLWIA DĄBROWSKA     | 8.08 | 2001 |
| 3  | ANNA KWIATKOWSKA     | 8.27 | 1978 |
| 4  | EWA PACZAŁA          | 8.34 | 1999 |
| 5  | DOMINIKA LEBIEDOWICZ | 8.35 | 1998 |
| 6  | MAŁGORZATA MUZYCZUK  | 8.37 | 1977 |
| 7  | DOROTA SIEMKO        | 8.37 | 1979 |
| 8  | ALEKSANDRA SIDOR     | 8.37 | 1981 |
| 9  | JUSTYNA PACZAŁA      | 8.38 | 2001 |
| 10 | JOLANTA PAŃCZYK      | 8.47 | 1974 |

### 100 M

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | SYLWIA DĄBROWSKA     | 12.37 | 2002 |
| 2  | DANUTA MARCHEWKA     | 12.84 | 1975 |
| 3  | JUSTYNA PACZAŁA      | 12.98 | 2002 |
| 4  | AGNIESZKA GIERGIEL   | 13.04 | 1982 |
| 5  | DOROTA BRZOZOWSKA    | 13.04 | 1986 |
| 6  | MAGDA DOROSZCZUK     | 13.06 | 2007 |
| 7  | JOLANTA KOTKO        | 13.14 | 1979 |
| 8  | EWA PACZAŁA          | 13.17 | 1999 |
| 9  | PAULINA KRZACZEK     | 13.18 | 2002 |
| 10 | DOMINIKA LEBIEDOWICZ | 13.21 | 1999 |

### 200 M

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | SYLWIA DĄBROWSKA     | 25.01 | 2002 |
| 2  | JOLANTA KOTKO        | 26.94 | 1979 |
| 3  | DANUTA MARCHEWKA     | 27.04 | 1975 |
| 4  | JUSTYNA PACZAŁA      | 27.07 | 2002 |
| 5  | MAGDA DOROSZCZUK     | 27.26 | 2007 |
| 6  | EWA PACZAŁA          | 27.64 | 1999 |
| 7  | JOLANTA PAŃCZYK      | 27.74 | 1974 |
| 8  | DOROTA SIEMKO        | 27.74 | 1979 |
| 9  | ALEKSANDRA SIDOR     | 27.74 | 1981 |
| 10 | ELŻBIETA SIENKIEWICZ | 27.74 | 1981 |

### 300 M

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | DANUTA MARCHEWKA    | 43.51 | 1975 |
| 2  | JOLANTA KOTKO       | 43.51 | 1979 |
| 3  | DOROTA SIEMKO       | 43.91 | 1979 |
| 4  | DOROTA BRZOZOWSKA   | 43.91 | 1986 |
| 5  | MAŁGORZATA KUNICZUK | 44.01 | 1986 |
| 6  | SYLWIA DĄBROWSKA    | 44.43 | 2001 |
| 7  | EWA PACZAŁA         | 44.61 | 1999 |
| 8  | MAGDA DOROSZCZUK    | 44.75 | 2008 |
| 9  | MAŁGORZATA MUZYCZUK | 44.91 | 1976 |
| 10 | ANNA TARNOGÓRSKA    | 44.91 | 1984 |

### 400 M

|    |                        |         |      |
|----|------------------------|---------|------|
| 1  | JOLANTA PAŃCZYK        | 1:00.19 | 1974 |
| 2  | DOROTA SIEMKO          | 1:01.51 | 1979 |
| 3  | BOŻENA KWAŚNIAK        | 1:02.11 | 1980 |
| 4  | JOLANTA KOTKO          | 1:02.21 | 1979 |
| 5  | LUCYNA ZIOBRO          | 1:02.61 | 1983 |
| 6  | BEATA MIL              | 1:03.21 | 1981 |
| 7  | MAŁGORZATA MUZYCZUK    | 1:03.51 | 1977 |
| 8  | ALEKSANDRA DOBROWOLSKA | 1:04.11 | 1987 |
| 9  | DANUTA MARCHEWKA       | 1:04.21 | 1974 |
| 10 | GABRIELA IWAŃCZUK      | 1:04.41 | 1981 |

### 600 M

|    |                    |         |      |
|----|--------------------|---------|------|
| 1  | ELŻBIETA TURZYŃSKA | 1:42.00 | 1983 |
| 2  | MAJKA HOJDA        | 1:42.54 | 2009 |
| 3  | MONIKA SZUMIATA    | 1:43.19 | 1987 |
| 4  | GABRIELA IWAŃCZUK  | 1:43.70 | 1981 |
| 5  | BEATA LENARD       | 1:44.80 | 1982 |
| 6  | MELANIA PIEKAROŚ   | 1:45.19 | 1986 |
| 7  | JOANNA LENARD      | 1:45.20 | 1986 |
| 8  | ANETA KULIG        | 1:45.60 | 1977 |
| 9  | AGNIESZKA WRZOS    | 1:46.30 | 1984 |
| 10 | EWA MIROWSKA       | 1:46.50 | 1983 |

### 800 M

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | MAJKA HOJDA           | 2:19.50 | 2009 |
| 2  | ELŻBIETA TURZYŃSKA    | 2:24.20 | 1983 |
| 3  | WANDA SAFIN           | 2:25.60 | 1976 |
| 4  | BEATA LENARD          | 2:30.30 | 1982 |
| 5  | DOROTA PANASIEWICZ    | 2:35.00 | 1982 |
| 6  | ANETA KULIG           | 2:36.10 | 1976 |
| 7  | BOŻENA CHWASTEK       | 2:36.20 | 1975 |
| 8  | JOANNA ŚLIWIŃSKA      | 2:36.30 | 1997 |
| 9  | ELŻBIETA CIESIELCZUK  | 2:36.50 | 1977 |
| 10 | ELŻBIETA BORSUKIEWICZ | 2:36.70 | 1981 |

### 1000 M

|    |                   |         |      |
|----|-------------------|---------|------|
| 1  | MAJKA HOJDA       | 3:05.24 | 2008 |
| 2  | EWA MIROWSKA      | 3:13.00 | 1983 |
| 3  | JOANNA ŚLIWIŃSKA  | 3:15.20 | 1997 |
| 4  | MONIKA SZUMIATA   | 3:20.40 | 1988 |
| 5  | AGATA BIELECKA    | 3:23.40 | 1998 |
| 6  | JOANNA LENARD     | 3:24.30 | 1985 |
| 7  | MARZENA PALUCH    | 3:25.40 | 1979 |
| 8  | DOROTA ZIOBRO     | 3:26.80 | 1985 |
| 9  | GABRIELA IWAŃCZUK | 3:27.20 | 1979 |
| 10 | DOROTA BARTNIK    | 3:27.95 | 2000 |

### 1500 M

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | MAJKA HOJDA           | 4:50.72 | 2009 |
| 2  | ELŻBIETA TURZYŃSKA    | 5:02.10 | 1983 |
| 3  | EWA MIROWSKA          | 5:13.20 | 1983 |
| 4  | BEATA LENARD          | 5:13.90 | 1982 |
| 5  | JOANNA ŚLIWIŃSKA      | 5:15.50 | 1997 |
| 6  | ELŻBIETA GONTARZ      | 5:24.50 | 1984 |
| 7  | ELŻBIETA BORSUKIEWICZ | 5:24.90 | 1981 |
| 8  | MAŁGORZATA TURZYŃSKA  | 5:33.10 | 1983 |
| 9  | GRAŻYNA OLSZAK        | 5:33.20 | 1976 |
| 10 | BOŻENA CHWASTEK       | 5:33.90 | 1975 |

### CHÓD 3 KM

|    |                    |          |      |
|----|--------------------|----------|------|
| 1  | AGNIESZKA ŁATKA    | 16:27.11 | 2007 |
| 2  | JOANNA NOWOSAD     | 17:53.00 | 1983 |
| 3  | MARZENA CZAJKA     | 17:59.30 | 1987 |
| 4  | DOROTA BARTNIK     | 18:02.36 | 2000 |
| 5  | DOROTA ZABOROWSKA  | 18:23.90 | 1984 |
| 6  | DOROTA WIŚNIEWSKA  | 18:37.20 | 1984 |
| 7  | AGATA BIELECKA     | 19:05.00 | 2000 |
| 8  | DOROTA BIELECKA    | 19:05.30 | 1987 |
| 9  | ELŻBIETA TURZYŃSKA | 19:10.20 | 1982 |
| 10 | DOROTA HUKOWSKA    | 19:23.80 | 1983 |

### 100 M PRZEZ PŁOTKI

|    |                        |       |      |
|----|------------------------|-------|------|
| 1  | ELŻBIETA SIENKIEWICZ   | 16.64 | 1981 |
| 2  | JOANNA CIEŚLA          | 16.64 | 1984 |
| 3  | BARBARA SZCZEK         | 17.02 | 1985 |
| 4  | ALEKSANDRA DOBROWOLSKA | 17.28 | 1986 |
| 5  | PAULINA KRZACZEK       | 17.34 | 2002 |
| 6  | MARZENA ZIARKIEWICZ    | 17.44 | 1982 |
| 7  | ANNA GANCARZ           | 18.04 | 1980 |
| 8  | MAŁGORZATA SZWANC      | 18.24 | 1985 |
| 9  | ANNA TARNOGÓRSKA       | 18.44 | 1983 |
| 10 | BOŻEBA KWAŚNIAK        | 18.74 | 1980 |

### 200 M PRZEZ PŁOTKI

|    |                        |       |      |
|----|------------------------|-------|------|
| 1  | ALEKSANDRA DOBROWOLSKA | 32.35 | 1986 |
| 2  | JOANNA CIEŚLA          | 32.84 | 1983 |
| 3  | ANNA TARNOGÓRSKA       | 32.94 | 1993 |
| 4  | BARTBARA SZCZEK        | 33.44 | 1985 |
| 5  | MAŁGORZATA MISIUK      | 34.14 | 1982 |
| 6  | ANNA PIEKARSKA         | 34.15 | 1991 |
| 7  | KATARZYNA MAZUREK      | 35.14 | 1985 |
| 8  | MAŁGORZATA SZWANC      | 35.44 | 1985 |
| 9  | PAULINA KRZACZEK       | 36.16 | 1999 |
| 10 | IWONA SWATOWSKA        | 36.23 | 1991 |

### SZTAFETA 4x100 M

|                  |       |      |
|------------------|-------|------|
| IWONA KAMIEN     |       |      |
| JUSTYNA PACZAŁA  |       |      |
| PAULINA KRZACZEK | 51.13 | 2002 |
| SYLWIA DĄBROWSKA |       |      |

### SZTAFETA 4x400 M

|                       |         |      |
|-----------------------|---------|------|
| ELŻBIETA BORSUKIEWICZ |         |      |
| ANNA ZIÓŁKOWSKA       |         |      |
| BEATA MIL             | 4:18.00 | 1981 |
| GABRIELA IWAŃCZUK     |         |      |

### SZTAFETA 4x200 M

|                    |         |      |
|--------------------|---------|------|
| JOANNA KOWALCZYK   |         |      |
| HELENA STANKIEWICZ |         |      |
| BEATA MISIUK       | 1:56.90 | 1981 |
| AGNIESZKA GIERGIEL |         |      |

### SZTAFETA 4x600 M

|                        |         |      |
|------------------------|---------|------|
| MARZENA PALUCH         |         |      |
| JOLANTA KOTKO          |         |      |
| ANNA PATKOWSKA         | 7:28.20 | 1978 |
| MAŁGORZATA CIESIELCZUK |         |      |

### SZTAFETA OLIMPIJSKA 800-400-200-100 M

|                        |         |      |
|------------------------|---------|------|
| ALEKSANDRA DOBROWOLSKA |         |      |
| MAŁGORZATA KUNICZUK    |         |      |
| DOROTA BRZOZOWSKA      | 4:08.37 | 1986 |
| AGNIESZKA BOBIS        |         |      |

### SZTAFETA SZWEDZKA 400-300-200-100 M

|                     |         |      |
|---------------------|---------|------|
| NATALIA GRABOWSKA   |         |      |
| MAGDALENA RAPA      |         |      |
| JÓZEFINA IREK       | 2:59.46 | 2011 |
| WIOLETA KACZANOWSKA |         |      |

### SKOK W DAL

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | MAGDA DOROSZCZUK    | 5.63 | 2009 |
| 2  | SYLWIA DĄBROWSKA    | 5.55 | 2001 |
| 3  | MAŁGORZATA MUZYCZUK | 5.25 | 1977 |
| 4  | JUSTYNA PACZAŁA     | 5.22 | 2002 |
| 5  | DOROTA SIEMKO       | 5.20 | 1978 |
| 6  | ANNA KWIATKOWSKA    | 5.15 | 1977 |
| 7  | LUCYNA ZIOBRO       | 5.03 | 1983 |
| 8  | ALEKSANDRA SIDOR    | 5.02 | 1979 |
| 9  | AGNIESZKA GIERGIEL  | 5.02 | 1983 |
| 10 | IRENA TARCZ         | 5.00 | 1978 |

### SKOK WZWYŻ

|    |                        |      |      |
|----|------------------------|------|------|
| 1  | JOANNA GÓRNIK          | 1.52 | 1983 |
| 2  | DANUTA KAMIENIARZ      | 1.51 | 1977 |
| 3  | DOROTA KOWALCZUK       | 1.50 | 1978 |
| 4  | IZABELA SAWICZ         | 1.50 | 1983 |
| 5  | JOANNA CIEŚLA          | 1.50 | 1984 |
| 6  | LILLA KARCZMARCZUK     | 1.49 | 1978 |
| 7  | BEATA MIL              | 1.46 | 1981 |
| 8  | BARBARA SZCZEK         | 1.46 | 1985 |
| 9  | AGNIESZKA GIERGIEL     | 1.45 | 1983 |
| 10 | MAŁGORZATA SZCZEPAŃSKA | 1.43 | 1980 |

### DYSK 1 KG

|    |                        |       |      |
|----|------------------------|-------|------|
| 1  | ELŻBIETA GŁOWACZ       | 29.77 | 1984 |
| 2  | BEATA PANASIEWICZ      | 27.16 | 1983 |
| 3  | ANNA JURCZUK II        | 26.72 | 1984 |
| 4  | ANNA JURCZUK I         | 24.80 | 1983 |
| 5  | GRAŻYNA TRUBALUK       | 23.75 | 1973 |
| 6  | BEATA JAKUBIAK         | 23.50 | 1977 |
| 7  | BOŻENA ZARĘBA          | 22.99 | 1983 |
| 8  | MAŁGORZATA SZCZEPAŃSKA | 22.40 | 1981 |
| 9  | EWA SZCZEK             | 22.28 | 1983 |
| 10 | ALBINA DUDEK           | 22.24 | 1983 |

### OSZCZEP 600 G

|    |                         |       |      |
|----|-------------------------|-------|------|
| 1  | MONIKA SMALEJ           | 29.90 | 1989 |
| 2  | MAŁGORZATA SZCZEPAŃSKA  | 28.90 | 1981 |
| 3  | MAJA PUKALUK            | 27.60 | 2010 |
| 4  | EWA SZCZEK              | 27.36 | 1983 |
| 5  | MAŁGORZATA BARTOSIEWICZ | 25.50 | 1977 |
| 6  | BARBARA JURCZUK         | 24.26 | 1979 |
| 7  | DOROTA CYBA             | 23.86 | 1984 |
| 8  | ELŻBIETA ŻURAW          | 23.08 | 1985 |
| 9  | DOROTA KOLANO           | 23.00 | 1978 |
| 10 | MARTA LEŚNIAK           | 22.85 | 1998 |

### KULA 3 KG

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | BARBARA SZCZEK      | 9.20 | 1985 |
| 2  | MARLENA MALINOWSKA  | 9.20 | 2001 |
| 3  | EWELINA GŁOGOWSKA   | 9.20 | 2003 |
| 4  | AGNIESZKA MAGIERKA  | 9.11 | 2010 |
| 5  | AGATA KRASUCKA      | 9.08 | 2005 |
| 6  | KRYSTYNA KUSIAK     | 9.06 | 2010 |
| 7  | PAULINA KRZACZEK    | 8.93 | 2002 |
| 8  | KAROLINA PIROGOWICZ | 8.89 | 2009 |
| 9  | AGATA DZIEMIACH     | 8.83 | 1996 |
| 10 | AGNIESZKA KONSOWICZ | 8.80 | 2004 |